



# CSA BONUS BUCKS

*Making CSA affordable for people on limited incomes.*

**Community Supported Agriculture is a way to buy local seasonal food directly from a farmer.**

At the beginning of the season, you purchase a "share" of whatever the farm produces for that season, and each week you get a box with your share in it; typically it's vegetables, but it can also be fruit, meat, maple syrup, eggs, herbs, whatever the farm grows.

**Here's how it works...**

**First, determine if you qualify** by using the chart to the right. The total gross yearly income of all your household members combined must be at or below these levels. *(If you are a dependent on someone else's tax return who does not meet these levels, you do not qualify for CSA Bonus Bucks.*

**Limit: one per household per year.**

No. of people in your household	Annual income
1	\$30,000
2	37,000
3	44,000
4	51,000
5 or more	58,000

**Second, choose a CSA** from the list on the back of this flier. Every farm works differently, every farm produces different food, has different seasons, different drop-off or pick-up options, and different pricing;

some have full shares and half shares depending on the size of your family or your needs, some offer different payment options, some offer the opportunity to work at the farm. **Each farm is different so you need to find a CSA farm that works for you** and join. Ask for references, talk to your friends and neighbors. Talk to the farmers. **Make sure that the CSA farm you choose meets the needs and desires of you and your family.**

**Third, fill out the information below and give this form to the CSA farm** when you buy your share. You will pay the farm for your share, minus your amount of CSA Bonus Bucks. If the share you choose costs \$200 or less, you will be credited \$50 in Bonus Bucks. If your share costs more than \$200, you will be credited \$100 in Bonus Bucks.

**WE ASK** that you contribute at least \$25 of your own money to the cost of your CSA share.

**You may be able to pay for the rest of your share with your EBT/Food Stamp benefits.**

If this option interests you, please call for details. 315-261-8054.

I qualify for CSA Bonus Bucks because the total income of my household is at or below the levels shown in the chart above.

Signed: \_\_\_\_\_

Number of people in your household: \_\_\_\_\_

Their ages: age: \_\_\_\_ age: \_\_\_\_ age: \_\_\_\_ age: \_\_\_\_ age: \_\_\_\_ age: \_\_\_\_

*(This information is requested by our funders.)*

**Name of the CSA farm you are joining (from list on back):**

Total cost of the share you are purchasing: \$ \_\_\_\_\_

Minus \$50 or \$100 CSA Bonus Bucks: \$ \_\_\_\_\_

Amount you pay the CSA farm: \$ \_\_\_\_\_

**Give your payment and this form your CSA farmer.**

Date Farmer Received: \_\_\_\_\_

Date GardenShare Received: \_\_\_\_\_

**PRINT** Your Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_



# BONUS BUCKS

## 2015 Farm List

FARM	PICK UP LOCATIONS	SEASON/PRODUCTS	COST
Birdsfoot Farm, Canton 315-386-4852 birdsfootfarm@gmail.com birdsfootfarm.weebly.com	At farm (near Canton), also in Canton, Potsdam	18 weeks, June - Oct Student, late Aug. - Dec. 12 Winter shares start Nov. 4 vegetables, herbs flowers	Family share, \$650 Single or couple, \$332 Student shares, \$275 Plus other options available.
Bittersweet Farm 315-344-0443 anmb@localnet.com	At Farm (Heuvelton), Canton Farmers' Market or Ogdensburg Green Market	May - Oct.: 20 weeks Vegetables, eggs, herbs, fruit; custom shares can include beef, chicken, lamb, turkey. Certified Organic	Half share, \$315 Full share, \$595 Customized shares available.
Fullers Farm, Canton (315) 379-1412 fullersfarm@gmail.com	Potsdam, Canton, on farm, and others as needed	Minimum of 18 weeks, starting end of June Vegetables, herbs, honey Grown without synthetic pesticides	Full share \$500 Partial share \$300 Senior Citizen share \$250
Kent Family Growers, Lisbon 315-212-7502 kentfamilygrowers.com kentfamilygrowers@hotmail.com	Canton, Potsdam, Madrid	Summer produce shares: June - Nov: vegetables, herbs, berries, melons, cider; Winer share: November-March Certified Organic	Basic, \$375    Full, \$575 Winter, \$400
littleGrasse Foodworks, Canton 315-386-3513 littlegrasse@gmail.com littlegrasse.blogspot.com	At farm (1 mile from downtown Canton)	Fresh share, Year round share(extra for storage and preservation): June - Oct. Fresh Fall share: Sept. - Oct. Various seasons throughout the year: vegetables, chicken, herbs, eggs, berries,	Fresh, \$375    Year Round, \$700 Fresh Fall, \$200 Various add-on options
Whitten Family Farm 315-328-5559 circle@slic.com WhittenFarmWinthrop.locallygrown.net	On farm, Potsdam, Massena	July - Sept.: vegetables, herbs, maple, eggs No synthetic chemicals	Family; \$270 Basic; \$150

Please note:

- **CSA Bonus Bucks is a program of GardenShare**, a nonprofit organization that works to make wholesome food available to all of us.
- **GardenShare is not itself a CSA farm.** We simply introduce you to CSA farms that accept our CSA Bonus Bucks.
- **The list above is for reference.** Please contact the farms directly for more information about shares, plans and costs.
- **GardenShare does not certify or endorse** any of the CSA farms listed here. It is your responsibility to choose a farm that meets your needs.

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